**Health Benefits of Good Work Competency Assessment – Case Study**

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| **Student Name** |  |
| **Supervisor Name** |  |
| **Supervisor Email** |  |
| **Supervisor Mobile** |  |
| **Date of Completion** |  |

**Instructions**

* Read the case study and the task instructions provided below;
* Complete your response in the space provided (note you can refer to the online course to complete the activity;
* On completion, upload your document to the learning portal by following the prompts on the page.

What happens next?

* Your assessment will be initially reviewed by KINENCT Training to ensure key areas are covered. Feedback will be provided if further information is required;
* If initial assessment is satisfactory, your Supervisor will be provided the activity to further review the submission and confirm the knowledge;
* If knowledge application with Supervisor is satisfactory your course will be noted as complete.

**Case Example:**

John Smith is a 55 year old male who suffered a lower back injury one month ago whilst lifting an awkward box at work. John works as a Store Person with Boxes R Us and has been employed with his current employer for 10 years. John has been off work since the date of injury and has been receiving Physiotherapy treatment and pain medication to treat his injury. An ultrasound revealed a disc bulge at L4/5. John is reporting moderate levels of pain however reported concern over his diagnosis and reported concern that he does not want to make the injury worse by going back to work and end up in a wheelchair. John also reported concern that his employer seemed disgruntled since he lodged his WorkCover claim and has not contacted him since his injury. John reported frustration with his employer given that he has always worked hard in his role and has worked for the company for so long.

You, the KINNECT Consultant received a referral to assist with returning John to work, including completing a Worksite Visit. A Worksite Visit was completed with John and his employer, Jim from Boxes R Us two days ago. During the WSV John’s employer Jim reported concern as this is the company’s first WorkCover claim and he is unsure what is required of the company or how this claim will impact the insurance premium. Jim reported that he did not contact John because he thought it was to be all managed through WorkCover. Suitable duties were able to be identified at the workplace, with the employer agreeing to a gradual increase in hours and duties. John was still resistant to returning to work because his Doctor told him not to work and to rest.

John is currently certified as unfit for work, with his medical certificate expiring tomorrow. KINNECT have been approved to attend a case conference with John and his treating Doctor, Dr Brown. All parties have agreed to KINNECT attending the case conference.

**Task:**

Provide an outline of the points to be discussed to promote the health benefits of an early return to work and achieve an upgrade in capacity for work.

**KINNECT Training Use**

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| 1. Submission received |  |
| 1. KINNECT Training review completed |  |
| 1. KT provided to Supervisor |  |
| 1. Date of Supervisor Review |  |
| 1. KT noted as Satisfactory |  |
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